

COURSE OUTLINE

COURSE TITLE:

Nail Health (8 hours)

COURSE GOALS:

To review principles, practices and theories of Nail Anatomy and Nail Art & Health and Sanitation.

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Nail Health (8 hours)

Module 1:Anatomy and Art

Outline

- Parts of the Nail
- Nail Disorders, Conditions and Diseases
- Product Safety
- Nail Art
- Nail Services

Learning objectives:

After completing this lesson you will be able to:

- List and define the parts of the nail
- Identify nail disorders
- Explain infections
- Identify conditions and their effects on the nails
- Identify methods of infection prevention
- Describe terms relating to disorders
- Describe color as it applies to nail art
- Identify foiling and gold leafing
- Identify painting and other art techniques
- Describe nail art brushes

Module 2:Health and Sanitation

Outline

- Universal Sanitation / Proper Cleaning and Disinfection
- The Study of MRSA
- OSHA Regulations

Learning objectives:

After completing this lesson you will be able to:

- Identify general salon requirements
- Identify general sanitation
- Describe rules and regulations of proper care of salon products
- Define proper disinfection procedures
- Describe facts about MRSA
- Identify OSHA standards that pertain to matters of safety, health and sanitation

Credits:

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200 Constitution Ave., NW, Washington, DC 20210 * 800-321-OSHA (6742)
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U.S Environmental Protection Agency * Ariel Rios Building 1200 Pennsylvania Avenue, N.W.
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www.epa.gov

U.S Food and Drug Administration: www.fda.gov * 10903 New Hampshire Ave Silver Spring, MD
20993-0002 * 1-888-INFO-FDA (1-888-463-6332)

Dictionary.com: Dictionary.com Unabridged: <http://dictionary.reference.com/>
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William Collins Sons & Co. Ltd. HarperCollins Publishers

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{Dictionary.com Unabridged}}

The American Heritage® Stedman's Medical Dictionary Houghton Mifflin Company. Published by
Houghton Mifflin Company.

Merriam-Webster's Medical Dictionary, Merriam-Webster, Inc.

Online Etymology Dictionary, Douglas Harper