

## COURSE OUTLINE

### NailArt (2 hours)

#### Module 1: Creative Artistry (1 hour)

##### Outline

- Color Schemes and Pallets
- The Color Wheel
- Nail applications and Services
- Nail Art Tools and Implements

Learning objectives:

After completing this lesson you will be able to:

- Identify foiling
- Explain gold leafing
- Describe nail art brushes
- Identify the airbrush
- Define nail art terminology

#### Module 2: Product Ingredients (1 hour)

##### Outline

- Products and their Ingredients
- Ingredient Overexposure Effects
- Safe Practices

Learning objectives:

After completing this lesson you will be able to:

- List ways to decrease inhalation of chemicals
- List ways to decrease skin exposure to chemicals
- Describe salon cleanliness
- Explain protective gear and it's use

**Introduction:**

This course module focuses on nail art, application techniques and equipment. Perfecting nail art skills can lead to an impressive list of faithful clientele and allows the nail technician to express creativity. We will also study important aspects of nail products and their ingredients.

**Summary**

By professionally applying nail art principles, practices and theories, the salon professional will be an irreplaceable asset to the establishment in which they are employed and even more valuable to the client. Knowing and applying the principles of nail health, color schemes, the color wheel into all procedures is a requirement for giving professional nail art services. In addition, by observing safe practices, you can keep the salon environment safe for all clients and employees. Being diligent in keeping the “Safety First” approach, gives you the best chance of preventing injury to yourself and others in the salon.

**Credits, References, and Resources**

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Centers for Disease Control and Prevention <https://www.cdc.gov/>

U.S. Department of Health and Human Services <https://householdproducts.nlm.nih.gov/>

U.S. Environmental Protection Agency <https://www.epa.gov/dictionary.com>

Wikipedia <https://www.wikipedia.org/articles> and reports

Center for Disease Control and Prevention (CDC): <https://www.cdc.gov>

National Institute of Allergy and Infectious Diseases (NAID): <https://www.niaid.nih.gov>

U.S. Department of Health and Human Services <https://www.hhs.gov>

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